



The Psychology of Work and Mental Health

Lecture series «Work and Health»

Abstract

Work and health often compete as priorities in modern life. Stress induced work represents one of the highest risk factors to mental health. This discussion focuses attention on the psychology of work or the study of human beings in the workplace and discusses the relationship with work and its impacts on personal well-being and mental health.

Speaker



Gabriel Solomon is a social scientist in psychometrics with specializations in brain learning, human behavior, trauma, and mental disorders. Dr. Solomon is a tenured professor in the College of Humanities and Social Sciences, School of Social Work at Bridgewater State University, Massachusetts, United States.

Date and place

Wednesday, 01, April 2026, 16:30-18:00h
Olten, Von Roll-Strasse 10, Room OVR A123
Digital via Zoom
<https://fhnw.zoom.us/j/62907437670>

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Further Information

www.psychosoziales-management.ch